

EDUCATION/TRAINING

INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
University of Alaska Anchorage	BA	1994	Psychology
University of British Columbia	PhD	1999	Clinical Psychology

A. Positions and Honors.

Fellow – Cardiovascular behavioral medicine University of Pittsburgh 1999-2001
 Staff Psychologist VA San Diego Healthcare System 2001-present
 Associate Professor in residence 2008-present

B. Selected peer-reviewed publications (in chronological order). (2000-present)

- 1 Rutledge, T, & Linden, W. (2000). Defensiveness predicts 3-year incidence of hypertension. Journal of Hypertension, 18, 153-159.
- 2 Rutledge, T, Linden, W, & Davies, RF. (2000). Psychological response styles and cardiovascular health: Confound or independent risk factor? Health Psychology, 19, 441-451.
- 3 Rutledge, T, Linden, W, & Paul, D. (2000). Cardiovascular recovery from acute stress: Reliability, & concurrent validity. Psychosomatic Medicine, 62, 648-654.
- 4 Rutledge, T, & WISE investigators. (2001). Psychosocial variables are associated with atherosclerosis risk factors among women with chest pain: the WISE study. Psychosomatic Medicine, 63, 282-288.
- 5 Rutledge, T, & WISE investigators. (2001). History of anxiety disorders is associated with a decreased likelihood of angiographic CAD in women with chest pain: the WISE study. Journal of the American College of Cardiology, 37, 780-785.
- 6 Rutledge, T, & Con, A. (2001). Psychological factors and cardiovascular disease in Women: risk and clinical implications. Primary Psychiatry, 8, 55-58.
- 7 Rutledge, T, Linden, W, & Paul, D. (2002). The reliability of cardiovascular reactivity: Effects of task-type & family history over a 3-year interval. International Journal of Behavioral Medicine, 8, 293-303.
- 8 Rutledge, T, & Hogan, B. (2002). A quantitative review of prospective evidence linking psychological factors with hypertension development. Psychosomatic Medicine, 64, 758-766.
- 9 Rutledge, T, & Linden, W. (2003). Defensiveness and prospective blood pressure increases: the mediating effect of cardiovascular reactivity. Annals of Behavioral Medicine, 25, 34-40.
- 10 Rutledge, T, and WISE investigators. (2003). Socioeconomic Status Predicts Cardiovascular Disease Risk Factors and Prospective Mortality Incidence Among Women with Chest Pain: The WISE study. Behavioral Modification, 27, 54-67.
- 11 Rutledge, T, Matthews, K, Lui, L, Stone, KL, & Cauley, J. (2003). Social network size and marriage predicts mortality in older-aged women: prospective evidence from the Study of Osteoporotic Fractures (SOF). Psychosomatic Medicine, 65, 688-694.
- 12 Linden, W, Hogan, B, Rutledge, T, Chawla A, Lenz, J, & Leung, D. (2003). There is more to anger coping than "in" or "out". Emotions, 3, 12-29.
- 13 Rutledge, T, & Loh, C. (2004). Effect sizes and statistical testing in the determination of clinical significance in behavioral medicine research. Annals of Behavioral Medicine, 138-145.
- 14 Rutledge, T & WISE investigators. (2004). Social networks are associated with lower mortality rates among women with suspected coronary disease: the NHLBI-sponsored WISE study. Psychosomatic Medicine, 66, 882-888.
- 15 Rutledge, T & WISE investigators. (2006). Depression is Associated with Cardiac Symptoms, Mortality Risk and Hospitalization Among Women with Suspected Coronary Disease: The NHLBI-Sponsored WISE Study. Psychosomatic Medicine, 68:217-223.
- 16 Rutledge, T, & WISE investigators. (2006). Depression Symptom Severity and Reported Treatment History Combine to Predict Cardiac Risk in Women with Suspected Myocardial Ischemia. Archives of General Psychiatry, 63:874-880.
- 17 Rutledge, T, Reis, V, Linke, S, Greenberg, B, & Mills, P. Depression in Heart Failure: A Meta-analytic Review of Prevalence, Intervention Effects, and Associations with Clinical Outcomes. Journal of the American College of Cardiology 2006;48:1527-1537.

18. Laura S. Redwine, Paul J. Mills, Suzi Hong, Thomas Rutledge, Veronica Reis, Alan Maisel, and Michael R. Irwin Cardiac-related Hospitalization and/or Death Associated With Immune Dysregulation and Symptoms of Depression in Heart Failure Patients Psychosom Med 2007;69 23-29.
19. Rutledge, T, Reis VA, Linke SE. Depression and Heart Failure: Why the Link Continues to Elude Us. J Am Coll Cardiol 2007;49 1504.
20. Rutledge T, Linke SE. Phobic anxiety and depression increase the risk of ventricular arrhythmias in people with coronary artery disease. Evid Based Ment Health 2007;10:43.
21. Viola Vaccarino, Delia Johnson, David S. Sheps, Steven E. Reis, Sheryl F. Kelsey, Vera Bittner, Thomas Rutledge, Leslee J. Shaw, C. Noel Bairey Merz,. Depressive Symptoms, Inflammation and Cardiovascular Risk: The NHLBI-Sponsored WISE Study. J Am Coll Cardiol 2007 50: 2044-2050.
22. Viola Vaccarino, Candace McClure, B. Delia Johnson, David S. Sheps, Vera Bittner, Thomas Rutledge, Leslee J. Shaw, George Sopko, Marian B. Olson, C. Noel Bairey Merz, MD. Depressive Symptoms, the Metabolic Syndrome and Cardiovascular Risk: The NHLBI-Sponsored WISE Study. Psychosomatic Medicine 2008;70(1):40-8.
23. Dollarhide AW, Rutledge T, Weinger MB, Dresselhaus TR. Use of a Handheld Computer Application Improves Voluntary Medication Event Reporting by Inpatient Nurses and Physicians. Journal of General Internal Medicine. 2008;23:418-22.
24. Rutledge T, Linke SE, Olson MB, Frances J, Johnson BD, Bittner V, York K, McClure C, Kelsey SF, Reis SE, Cornell CE, Vaccarino V, Sheps DS, Shaw LJ, Krantz DS, Bairey Merz CN. Social Relationships and Incident Stroke among Women with Suspected Myocardial Ischemia. Psychosomatic Medicine 2008;70:282-87.
25. Vaccarino V, Rutledge T, Bittner V, Bairey Merz CN. Depression, Inflammation, and Cardiovascular Disease (reply). J Am Coll Cardiol 2008;51:1991.
26. Rutledge T, Stucky ER, Dollarhide A, Shively M, Maynard G, Jain S, Wolfson T, Weinger M, Dresselhaus T. A Real-Time Assessment of Work Stress in a Multi-Site Sample of Nurses and Physicians. Health Psychology (in press).
27. Rutledge T, Vaccarino V, Johnson BD, Bittner V, Olson MB, Linke SE, Cornell CE, Eteiba W, Sheps DS, Francis J, Krantz DS, Bairey Merz CN, Parashar S, Shaw LJ. Depression and Healthcare Costs among Women with Suspected Myocardial Ischemia: Five-Year Prospective Results from the Women's Ischemia Syndrome Evaluation (WISE). J Am Coll Cardiol (in press).
28. Mills PJ, Shapiro D, Goldstein IB, Ottaviani C, Pung MA, Khandrika S, von Känel R, Rutledge T. Metabolic predictors of inflammation, adhesion, and coagulability in healthy younger age adults. Obesity (in press).
29. Stucky ER, Dresselhaus T, Dollarhide A, Shively M, Maynard G, Jain S, Wolfson T, Weinger M, Rutledge T. From Intern to Attending: Assessing Stress Among Inpatient Physicians. Academic Medicine (in press).